

CARSON VALLEY YOUTH

NON-PROFIT 501C3 YOUTH ORGANIZATION

LACROSSE

✳️ **BOYS and GIRLS / 4th - 8th Grades** ✳️

"TryLax" is designed for beginners curious about the fastest growing NCAA sport in the nation.

Build skills early and prepare for your 1st competitive lacrosse season . . . Spring 2025.

✳️ **FALL SKILLS REGISTRATION IS OPEN** ✳️

<https://forms.gle/YUwv1V1na4RdocW7>



(10 sessions) **\$80** (over 15 hrs. Lacrosse skills)

September 24th - October 23rd
Tues. + Wed. / 4:30 - 6:00 p.m.

Gardnerville's Lampe Park

✳️ **LEARN THE GAMES** ✳️

US Lacrosse / Olympic Sixes / Native American Chumash

~ Pass / Catch Stick Development

~ Ground Balls ~ Shooting Skills

~ Defensive Footwork

CARSON VALLEY YOUTH LACROSSE

provides all necessary equipment (lacrosse sticks/goggles) for skill practice sessions

EXCEPT for mouthguards and cleats.



CONTACT: carsonvalleyyouthlacrosse@gmail.com

Non-Profit 501c3 Youth Organization

Registration Link / Questions @775/781-1178

"Follow" [carson.valley.youth.lacrosse](https://www.instagram.com/carson.valley.youth.lacrosse) on **Instagram**